

# NUTRITION

Help people live better, healthier lives with a **Nutrition** degree from Marian University. If you're passionate about what people put into their bodies, and want to make an impact, it's the perfect time to pursue a degree in Nutrition. With Marian's program, you'll gain a strong foundation in Science, Health, and Wellness... and you'll know how to pronounce all the terms on a food label. Prepare to make a difference locally or in the global arena.

## Upon Graduation find roles in:

- Food Science
- Community Health
- Nutrition Education

*An application for this new program has been submitted to the accreditor and is pending HLC approval.*

## MARIAN UNIVERSITY

### OFFICE OF ADMISSION

45 S. National Ave.  
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*Founded 1936 • Sponsored by the Congregation of Sisters of St. Agnes*



## What You Can Be with This Degree

- Sports Nutritionist
- Clinical Nutritionist/  
Dietician
- Food Product Developer
- Food Scientist
- Nutrition Educator
- Food Safety Manager
- Wellness Coordinator
- Health and Wellness  
Content Creator

# 7%

By 2033,  
dietician and nutritionist  
positions are estimated  
to grow by 7%

— U.S. Bureau of Labor Statistics, 2023

## Median Salaries

Outpatient  
Care Centers  
\$77,740

Hospitals;  
State, Local,  
and Private  
\$72,320

Government  
\$69,680

Nursing and  
Residential Care  
Facilities  
\$65,690

— U.S. Bureau of Labor Statistics, 2023

## Opportunities Await In

- County Health  
Departments
- Outpatient Clinics
- Hospitals
- School Systems
- Food Manufacturers
- Government
- Global Health  
Organizations

## Nutritionists Learn About

- Science and Economics  
of Food
- Chemistry & Biology
- Research & Statistics

## Continue Your Education

- ACEND Registered Dietitian certification\* in a certified Masters program
- Graduate programs in Public Health or Physician Assistant
- Pursue advanced degrees in Nutrition, Dietetics, Wellness Coaching
- Medical School, Pharmaceutical School, or other advanced degrees in the health professions

\* As of 2024, ACEND (Academy of Nutrition and Dietetics) requires students to complete a graduate program to qualify for the certification.

# NUTRITION 4-YEAR COURSE SAMPLE

## FRESHMAN LEVEL

### SEMESTER 1

CHE 101	Principles of Chemistry I	5
ENG 106	Argumentative and Research Writing	3
MAT 111	College Algebra	3
NTR 1XX	Introduction to Nutrition	3
SCP 100	Sabre Foundations	3

**Credit hours 17**

### SEMESTER 2

BIO 100	Human Biology	3
BIO 150	Human Biology Lab	1
PHI 130	Knowledge, Values, and Society	3
CHE 102	Principles of Chemistry II	5
THE 101	Introduction to Christian Theology	3
ENG XXX	Writing Intensive Course	3

**Credit hours 18**

## SOPHOMORE LEVEL

### SEMESTER 1

BIO 303	Fundamentals of Microbiology	3
BIO 353	Microbiology Lab	2
CHE 201	Organic Chemistry I	3
NTR 2XX	Food Science	3
GEN Ed	General Education Course	3
GEN Ed	General Education Course	3

**Credit hours 17**

### SEMESTER 2

NTR 2XX	Food Economics	3
SWK 352	Research Methods	3
GEN Ed	General Education Course	3
GEN Ed	General Education Course	3
XXX XXX	Elective/Minor/Double Major Course	3

**Credit hours 15**

## JUNIOR LEVEL

### SEMESTER 1

MAT 122	Introduction to Probability and Statistics	3
NTR 3XX	Lifecycle Nutrition I	3
NTR XXX	Nutrition Elective	3
XXX XXX	Elective/Minor/Double Major Course	3
XXX XXX	Elective/Minor/Double Major Course	3

**Credit hours 15**

### SEMESTER 2

NTR 3XX	Lifecycle Nutrition II	3
NTR XXX	Nutrition Elective	3
XXX XXX	Elective/Minor/Double Major Course	3
XXX XXX	Elective/Minor/Double Major Course	3
XXX XXX	Elective/Minor/Double Major Course	3

**Credit hours 15**

## SENIOR LEVEL

### SEMESTER 1

NTR 4XX	Medical Nutrition Therapy	3
XXX XXX	Elective/Minor/Double Major Course	3
XXX XXX	Elective/Minor/Double Major Course	3
XXX XXX	Elective/Minor/Double Major Course	4

**Credit hours 13**

### SEMESTER 2

ESS 497	Practicum	3
XXX XXX	Elective/Minor/Double Major Course	3
XXX XXX	Elective/Minor/Double Major Course	3
XXX XXX	Elective/Minor/Double Major Course	4

**Credit hours 13**